



Myrtleford P12 College

Inspirational.

Prince Street Myrtleford Victoria 3737

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Principal ● Zlatko Pear

Issue 7: 15th May 2015

A few words from the Principal...Zlatko Pear

Invite to participate in Parent Forum

Each four years, schools are required by the Department of Education to undertake a Review. Education Department Reviewers will spend four days at the College analysing learning data and speaking to all members of the College community.

On Thursday 21st May the Reviewers will be conducting a Parent Forum. The Forum will start at 2:00pm and will conclude by 3:20pm. This is an opportunity for parents to give the College feedback and to have input into future directions.

It is important to have as many people and opinions represented. If you would like to participate in discussion about the things you think the school does well, what could be improved and how we might work together to achieve this, please contact the office by the end of Wednesday 20th May. Please contact me at the college if you have any questions about the Forum.

Calendar

May

18 Year 6 Art Excursion

19 Prep-12 Athletics Carnival

21 Parent Forum 2pm

30 School Garage Sale

June

8 Queen's Birthday

9 Year 10/11 exams start

10 GAT (No VCE classes)

12 Student Free day

12 Last day of Year10/11 exams

26 Last Day of Term

July

13 School returns

Uniform

As the cold weather is now upon us, it is important that parents ensure that students have a school jumper/jacket to wear. Students are permitted to wear any items of clothing under their uniform to keep warm - on the condition that it is not visible. **Hoodies are not permitted to be worn under college uniform.** College uniform can be purchased from Cartwright Fashions. If you are having problems purchasing uniform due to genuine financial difficulties please contact me at the College to confidentially discuss your situation.

NAPLAN Tests

It was a big week for our students in Years 3, 5, 7 and 9. On Tuesday, Wednesday and Thursday all students in these year levels completed NAPLAN testing. The NAPLAN tests are a series of tests to assess numeracy and literacy levels of students against national benchmarks. The students were well prepared and the tests ran very smoothly. Our students have performed very well in these tests over the past few years and we look forward to receiving the results which will be used to inform future teaching and learning. Well done to all students and thank you to Mrs McKinnon for organising the administration and roster for the week.

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Host families wanted – Rotary exchange

We have a Swedish exchange student coming to Myrtleford as a part of the Rotary International Exchange Program. Oscar is 16 years old and is planning to attend our College for 12 months starting in Term 3. He will attend classes in either Year 10 or 11.

Rotary is seeking where possible, to have Oscar billeted with families of the school community. Generally they are looking for three to four host families with a stay of three or four months with each family. Oscar's application form indicates that he is a confident, bright and sports loving young man.

If you are interested in hosting Oscar and would like to know more about him and what is involved please contact me at the College by Tuesday 19th May. Rotary would appreciate a prompt reply as there is some paperwork they will need to get back to the exchange organisers.

CAPITAL WORKS UPDATE

As most would be aware, the school received a \$2.5 Million Capital Works Grant for the 2015- 2016 budget period. We have been working diligently with parents, teachers and students to identify the school's priorities for where the money is to be spent. As part of this process, the school is required to develop a Master Plan which sets out the school's vision for the next 10-20 years. We have been working diligently with the community and have produced a Master Plan which we believe caters for the schools future needs.

Once this Master Plan is ratified by School Council, we will then prioritise the components of it which can be met by the \$2.5 Million Capital Works Grant.

In further news the demolition of the Mummery Road buildings will commence on June 27th which is the mid-year holiday period. We will have vacated those buildings by June 12th with the student's lockers being placed within other areas of the school.

Barry Holden

NEW SPORTING SCHOOLS PROGRAM



**5 week
program
starts NEXT
week**

**Tuesdays-
Basketball
Thursdays-
Netball**

**Places are
limited to
20.
Express
your
interest
now!**



**SPORTING
Schools**

Sporting Schools is a NEW program to encourage children to have a go, have fun and enjoy sport.

Sporting Schools will engage more than 850,000 children across Australia in what will be the country's largest School-based Participation Program.

The Australian Sports Commission (ASC) has partnered with 32 National Sporting Organisations (NSOs) to offer sporting programs to children before, during or after school. Registration is free for all Australian primary schools, sporting organisations, and coaches.

By bringing sports, schools, and community organisations together, Sporting Schools aims to increase children's participation in sport and to connect with local sporting clubs in their community.

Myrtleford P-12 College has registered with Sporting Schools, and can support School Sporting Programs by providing registered coaches to deliver a range of sports.

By focusing on having fun, having a go and getting active, Sporting Schools will provide children with positive sporting experiences to help foster a lifelong interest in sport. Myrtleford P-12 College supports this through the Playing for Life Philosophy, which focuses on providing safe, fun and engaging activities that get all children involved, regardless of their level of ability.

For further information about Sporting Schools and Playing for Life visit www.sportingschools.gov.au

We will have two sessions per week starting TUESDAY, May 19 and THURSDAY, May 21. They will run for five weeks after school. Children will be given afternoon tea (fruit) before the session starts, Programs will run for 45 minutes; children are to be picked up at the multi-purpose room at 4.15pm.

Our coaches this term are Eden Broz and Zoe Teakel, both girls have been trained by the Australian Sports Commission's Community Coach program.

sportingschools.gov.au



Mother's Day Stall A Great Success

Last Friday the Parents Club held their very first Mother's Day Stall. This was not only a fundraising initiative for Myrtleford P-12, but it also gave the students the chance to buy reasonably priced gifts for their mum/grandmothers/ aunts or special women in their life. Individual classes from P-6 were shown through to purchase one of the many beautiful gifts that had been donated by families, local businesses and community. At recess all children had the opportunity to purchase a gift or further gifts.

The day was a success, measured on the faces of the children participating. Their excited, smiling faces, trying to buy the best possible gift for their love one was the greatest reward. We hope that there were many happy mums/ grandmothers / aunts on Sunday.

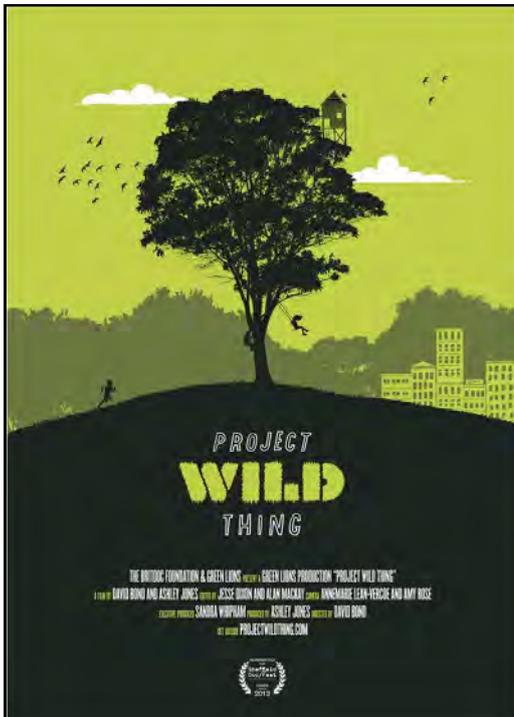
The event raised almost \$700, which would not have been possible without your support, thank you. A very special thank you to the following business that participated: Chemist King, Coles, FoodWorks, Newspaper, Style Inn and Target.



Melissa Reid
Parents Club



Happy Mother's Day



FILM SCREENING

Thursday 21st May 2015

EMPAC (Education Myrtleford Performing Arts Centre)
Prince Street, Myrtleford

6.30pm doors open with a
7pm start time

Admission – **FREE** however,
bookings are essential.

For bookings go to
<http://www.eventbrite.com.au>
and search on "Project Wild Thing Film Screening, Myrtleford".



Whole College Athletics Carnival Tuesday 19th May



Project Wild Thing is a film led movement to get more kids (and their folks!) outside and reconnecting with nature. The film is an ambitious, feature-length documentary that takes a funny and revealing look at a complex issue, the increasingly disparate connection between children and nature.

For more information:

<https://www.projectwildthing.com> or
<https://www.facebook.com/projectwildthing>

**EMPAC
Free Film
Screening**

Years 3 to 6 Cross Country

Age Champions:

10 yr Boys
Wil Doodewaard

10yr Girls
Shanae Werthmuller

11yr Boys
Liam Macgowan

11yr Girls
Jamason Netherwood

12yr Boys
Josh Sinnett

12yr Girls
Soraya Richardson

Encouragement Awards:

Ashley O'Brien
Lydia Rendek



Age Champions: Liam Macgowan, Josh Sinnett, Soraya Richardson, Jamason Netherwood, Shanae Werthmuller and Wil Doodewaard

Encouragement Award Winners: Lydia Rendek and Ashley O'Brien



The day may have been cold and damp; however the running efforts were fantastic. The 10 year and under students completed the 2km course whilst the 11 and 12/13years ran 3km.

Many students produced outstanding results, but two of the most impressive were from Lydia Rendek and Ashley O'Brien who were awarded the 2015 Encouragement Awards.

Sharon Antonello



Planting bulbs in the garden.

Prep AH is looking forward to Spring after planting bulbs along the front of the classrooms in the Prep-2 area. First, we went to the vegie patch and looked at the vegie garden. We saw some pumpkins. We liked the smell of the rosemary bush. Next we went to the garden and Graham and Claire helped us to plant bulbs. The bulbs will grow into flowers and we will see them in Spring. Claire gave us bulbs to plant in the garden. The bulbs grow into flowers.



Ryley found a snail shell



Graham showed Isaac how to plant the bulbs with the pointy bit going up.

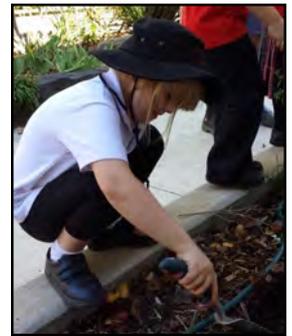
Prep AH



Graham told us about how the vegetables grow.



All smiles!



Year 1

Changes...



As part of our science studies in Year 1 we observed the change that occurs to corn kernels when heat is applied.



AbraCadabra.....

POPCORN !



Art



With Prep to Year 5 students...

This fortnight, we have continued our study of artworks from different cultures. Prep have been exploring patterns in Art. They explored patterns in the environment and then created a patterned snake of their own.



Year 1 and 2 have been inspired by Canadian Art. Year 1 have studied artworks by Emmanuel Claudias and Ted Harrison, and created landscapes of their own using similar techniques. Year 2 have been learning about Canadian totem poles and have worked in small groups to build a class totem pole. (See left).

Years 3 and 4 have also been working in small groups to design an Aboriginal didgeridoo. Students are demonstrating their knowledge of Aboriginal techniques, colour and symbols to create their piece. (See below).



Year 5 have been looking at artworks by the Australian artist D'Arcy Doyle. Students then drew a tall ship reminiscent of the First Fleet and used coffee to shade their work.

Mrs Ladeane Lindsay



A few notices for 6-12 Art Students

Year 6: A reminder that on Monday most of the Grade 6 students are going to view two exhibitions at the Wangaratta Art Gallery. One exhibition is called Words that Matter and shows the work of a number of regional artists. The second exhibition shows photographic works from the Beechworth Album project. The gallery subsidises the cost of the bus for school students. As we will be leaving school at 11.30am, students will have lunch in Wangaratta. Students will be able to purchase lunch at either McDonalds, KFC or Subway. Money for lunch is at parent discretion. Students can also bring their own healthier lunch.

Year 8: Art students need to make sure that they have reference material organised for the next project which is hand printed T shirt designs. For this task they will need to bring in a white T shirt, This does not need to be NEW. It can be a T shirt for a sibling or another family member.

Year 9/10: 3D ART students are creating a Claymation and need to collect objects for props and backgrounds for next week.

Year 12: Art students have ongoing journal work making sure that they are addressing the DESIGN PROCESS.

Inga Hanover

Year 5 News

The Year 5 students have been working alongside Mick Dwyer and his MYCAL class to construct wooden toys. The MYCAL students designed and made prototypes and plans for toys, which included trucks, trailers, small cars and even horse heads. This has been an amazing experience for the Year 5 students that has not only seen new skills learnt, but also built up peer relations across the school.



Daniel Kerr- Emerson taught me how to 'burn' a design into our wheat truck using the wood burner.

Jordan Furlong- I really enjoyed using the wood burner. Brittney taught me how to use the burner to draw a skull.



Molly Brock- I loved working with Tim and Hayden and was really happy that Tim showed me how to use a saw



Tom Crisp- I really enjoyed making friends with Connor and he helped me to build a wooden dolls pram. I used a screwdriver, drill, saw and a sander.



Ben Rixon Savage- I liked working with Isaac because he showed me how to use the different tools to make a car.



Amy Gunson- I really enjoyed working with Hayden because he showed me how to use the equipment instead of just doing it himself.



Some thoughts and photos!

Years 7-12 News

Jenni Gardner
7-12 Team Leader

Students in Years 9, 10, 11 and 12 will be involved in exams held during the week of 9th - 12th June (roughly in 3 weeks time).

Year 9 and 10 students will have exams on Tuesday 9th, Wednesday 10th and Thursday 11th June. These exams are to accustom students to more formal assessment and to allow them to practice having to prepare for formal assessment. An exam timetable for Year 9 and 10 students will be published early next week.

Unit 1/2 exams will take place on Tuesday 9th, Thursday 11th and Friday 12th June. Exam timetables have been distributed to students. Each VCE Unit 1/2 class and scored VET Unit 1/2 classes will have an exam. All exams are being held at the LG Ablett Pavilion and being supervised by external supervisors (the same supervisors as the Unit 3/4 end of year exam supervisors).

Students are not required to be at school when they do not have exams and may wear casual clothes to the exams. These exams are not used to determine if a student receives a Satisfactory or Not Satisfactory result for their subjects, but are good practice for the formal exams at Unit 3/4.

All Year 12 students and any Year 11 students completing a Unit 3/4 subject this year will be completing the **GAT** (General Achievement Test) on Wednesday 10th June. The GAT is being held at the LG Ablett Pavilion (at the McNamara Reserve) and runs from 10am - 1.15pm.

No Unit 1/2 or Unit 3/4 classes will operate on this day, except for VET Beauty, VET Hospitality, VET Engineering (first year), VET Allied Health and VET Dance (after the GAT). Brochures about the GAT have been distributed to students involved and are available from the 'Fishbowl' office. Unit 3/4 classes will operate on Tuesday 9th and Thursday 11th June.

If you have any concerns or questions about the exams please contact me or the classroom teacher/s.

Jenni Gardner
7-12 Team Leader

Melbourne Discovery Camp



On Wednesday 6th May students from Years 10 and 11 made their journey to Melbourne for a city experience. After arriving in Melbourne, students attended the Shrine of Remembrance where they went on a self-guided tour throughout the galleries. The students learned about the States of War, whilst honouring the soldiers that fought for our country.

On Thursday 7th May students went to one of Melbourne's greatest entertainment attractions, Bounce. Students enjoyed jumping on trampolines, slam dunking basketballs and participating in the other activities on hand during their hour there. Many students chose to return the next day during their spare time. Later that day, students attended the VCE Careers Expo at Caulfield Racecourse. This opportunity was great for students to explore possible university and career pathways for their future. Many students collected lots of valuable information and guidance for the years to come. Later that evening students enjoyed a meal in China Town shortly before heading off to the Medibank Icehouse for their ice-skating experience. Through the tumbles and falls on the ice rink, all students' skills improved from the start to the end.



On Friday 8th May, the last day of camp, students endured a tiring one hour tram ride out of the city to Burwood for their lecture and tour of Deakin University. Deakin University explained how to apply for, and successfully study at university in great detail. Deakin also cleared up many student queries. Deakin students gave us a tour of their facilities and on campus accommodation. This was a great insight into how university life works. After Deakin, students were given time to explore the city in groups. This aided students' knowledge about the use and safety of public transport. Students then gathered at Southern Cross Station at 4:30pm to catch the train home.

Sam Forbes and Isaac Black



Favourite Experience On Camp

Chloe: *The best part about camp was Bounce, and I really liked the Careers Expo.*

Grace: *My favourite activities were laser tag and Bounce.*

Kaitlyn: *I enjoyed going to Bounce and Sharn's late night singing.*

Keira: *The activity I enjoyed most about the Melbourne camp was ice skating!*

Ryan: *Being in the big smoke*

Rhys: *Going to Bounce was the best part*

Oliver: *The best part of the camp was Bounce and ice skating*

Kyle: *My favourite part of the camp was when I went to Bounce and also ice skating; it was awesome!*

Dillon: *Experiencing the Deakin University tour.*

Health Corner with Adolescent Health Nurse Rosemary Bunge

How much sugar are you really drinking??

10 teaspoons of sugar in 375ml can of soft drink!

In the middle school area I have been working with the students over the past few weeks about “How much SUGAR are you really drinking”? The students are now keeping a diary for one week on drinks they have each day. At the end of the week they will calculate how many teaspoons of sugar it adds up to. They learnt that the best option to relieve thirst and for a healthy body and healthy teeth is **WATER**, after that comes plain low fat milk.

During class the students had the opportunity to arrange drinks in order of least to most sugar per 250ml glass. We worked with water, plain low fat milk, flavoured milk, unsweetened fruit juice, soft drink, sports drink and an energy drink. Students were quite shocked by some of the results. They then got to have a look at just how much sugar was in each drink by measuring out the teaspoons of sugar into cups for each drink.



Did you know?

- If you have a full 600ml bottle of sports drink it will be 9 teaspoons of sugar.
- If you have a full 375 ml can of soft drink it will be 10 teaspoons of sugar.
- If you have a full 600ml bottle of soft drink it will be 16 teaspoons of sugar.
- If you have a full 600ml of flavoured drink it will be 14 teaspoons of sugar.
- If you have just a 250ml can of energy drink it will be 8 ½ teaspoons of sugar.

It is always worth checking just what is in a drink and how many servings are actually in each container. Quite an eye opener for us all!

Rosemary Bunge

Thought for the Week:
The greatest wealth is health.



Myrtleford
Serang-Kana Foundation
Gifted and the Gifted



gatewayhealth



ALPINE HEALTH

TUNING IN TO KIDS
Bright & Myrtleford



Emotionally Intelligent Parenting

Bright
Thursday evenings 5 sessions
28th May - 25th June 2015
Time: 6.30pm - 8.30pm
Venue: Alpine Community Health Centre
Cobden Street, Bright

Myrtleford
Wednesday afternoons 5 sessions
27th May - 24th June 2015
Time: 1.00pm - 3.00pm
Venue: Alpine Health Conference Room
At the Myrtleford Hospital
30 O'Donnell St, Myrtleford

Cost: FREE
Register:
Bookings Essential 02 6022 888
(Gateway Health)

- A program for parents/carers of children aged 2- 8yrs that helps you tune into your children's emotions and manage their behaviour.
- Learn about 'emotion coaching' – helping children to understand and regulate their emotions.
- Helps you to respond to your children's individual needs in ways that suit the child and the family.

FREE
but
Bookings
Essential

News about ex students

View this newsletter on the Skoolbag App

Available free on both Android and Apple devices.

Also enjoy notifications and reminders with the App!



James Mostyn

James ("Frosty") completed his Year 12 studies at Myrtleford P12 College in 2012. He is currently in his second year of an Electrical Engineering Degree at Swinburne University in Hawthorn, with three years to go. His work load is five days a week with a lot of homework. Last year out of his eight subjects he scored 7 High Distinctions & 1 Distinction missing the last one by 4%. He has achieved outstanding results there and has recently been accepted into the "International Honour Society" as his marks are in the top 15% for his Engineering course.

Other College Announcements

Term 2 Assembly Roster

Week	
5	3/4M & 2OD
6	6L & PAH
7	5A & 1W
8	3/4C & 1M
9	3/4M & 2OD

Host families needed for exchange students

GIVE YOUR FAMILY AN INTERNATIONAL EXPERIENCE
HOST AN EXCHANGE STUDENT
With SOUTHERN CROSS CULTURAL EXCHANGE

(A non profit organisation, founded and based in Australia, since 1983)

Students from Italy, Germany, Denmark, Norway, Finland, Sweden, Spain, France, Canada and the U.S.A., are arriving in July for a 3, 5, & 10 month exchange.

Become a volunteer host family and benefit from the experience. Introduce your family to different customs, values and ideas, improve your language skills, make lifelong international friends and share Australian culture and lifestyle.

Students are aged between 15 and 18 years and are enrolled in a local school.

They arrive with their own spending money and comprehensive insurance cover. Host families choose their exchange student.

For more information and expression of interest contact

local co-ordinator Jan James – 5765 2395 or www.scce.com.au

Australian students are welcome to apply to become exchange students.

St Mary's Myrtleford Parish Sacramental Program 2015



St Mary's Parish will be preparing students to receive the Sacraments of Reconciliation, Confirmation and First Communion this year. The preparation uses The Steps in Faith Program, which is a family centred program. Families meet in small groups for four weeks prior to each sacrament. The first of these meetings is an Information session with Fr Peter Ferwerda.

Dates for 2015

Sacrament of Reconciliation

Thursday 4th June 6pm
Information Session:

Wed 22nd April 6pm

Sacrament of Confirmation

Friday 4th Sep 6.30pm

Information Session:

Wed 22nd July 6pm

Sacrament of First Communion

Sun 8th Nov 10.30 am

Information Session:

Wed 7th Oct 6pm

If you are interested in your children receiving the sacraments contact

Fr Peter Ferwerda

Ph:57521005

Anne Kerlin/ Cathy Jeffery

Please note:

In an effort to reduce the amount of unnecessary photocopying please let us know if you wish to continue receiving a paper copy of this newsletter. Alternatively, it can be emailed, viewed on the website or on the Skoolbag App.

At the end of Term 2 we will review the list of families requiring paper copies. If we have not heard from you by then, we will assume you no longer wish to receive one.

HOMEWORK AND ASSIGNMENT DUE DATES

DUE DATE	SUBJECT	ASSIGNMENT	TEACHER
PREP A/H			
Students are to read their reader and M100W word mat every night. Student diary is to be signed each night to show this has occurred.			NAN/BHO
YEAR 1M			
Homework Tasks as per NEW Homework Grid			KHA
YEAR 1W			
Reading 10 mins every night and practise M100W words nightly			WWA
YEAR 2OD			
Reading is to be completed nightly and recorded in the Diary Planner.			KOD
YEAR 3/4C			
Reading is to be completed nightly and recorded in the Diary Planner.			MCO
Every Friday	Homework Sheet Due		
YEAR 3/4MCK			
Reading is to be completed nightly and recorded in the Diary Planner.			DMC
YEAR 5			
15 minutes reading 5 nights a week. Practice times tables daily			SAN
YEAR 6			
15minutes Reading each night – Record and signature in diary.			ALI
Every Week	English	Homework sheet and complete words their way spelling	
Every Week	Maths	Homework Sheet	
YEAR 7			
Every Thursday	Maths	Maths Mates due every Thursday	MGI
Tuesday 2nd June	Study Skills	Group Spelling Task Due	
YEAR 8			
Every Thursday	Maths	Maths Mates due every Thursday	MGI
YEAR 9			
Thursday 21st May Thursday 28th May	Maths	2 Completed IXL Tasks Due Indices Booklet Due	ABA
Ongoing	English	Reading Set text and familiarise yourselves with the work booklet and spelling tasks	SRO
Week 6	3D Art	Collect objects for props and backgrounds for Claymation	IHA
YEAR 10			
Thursday 21st May	Maths	Consumer Maths Homework Sheet 1	ZPE
Week 6	3D Art	Collect objects for props and backgrounds for Claymation	IHA
MYCAL			
Friday 22nd May Friday 29th May	Maths	Homework Sheet 3 Due Statistics Booklet Due	ABA
VCAL			
YEAR 11			
Friday 15th May Friday 22nd May Friday 29th May	General Maths	Ex 5.1 and 5.2 Due Ex 5.3 and 5.4 Due Ex 5.5 and 5.6 Due and Chapter 5 Assessment	ABA
Monday 18th May	English	Final Copy of Assessment Task 2 on <i>Identity and Belonging</i> due	JMI
Monday 18th May	Psychology	ERA Due	NBR
YEAR 12			
Thursday 21st May	Psychology	ERA Due and ERA Test	NBR
	English	Unit Summary Sheet	
Ongoing	Art	Journal work addressing Design Process	IHA

IN THE COMMUNITY



NEED SUPPLIES FOR THE MART SKI PROGRAM?



POREPUNKAH SKI HIRE & SALES

Gary & Carolyn Manshing
LOWRY CENTRE, POREPUNKAH, VICTORIA, 3740
PHONE/FAX (03) 87592355 • A.D. (03) 87521001 • MOBILE (04) 38514217

MART 2015 Seasons hire

	Primary	Secondary
Skis, boots & poles Standard	\$245.00	\$275.00
High Performance	\$325.00	\$365.00
Snowboard, boots & Wrist guards	\$280.00	\$365.00
Helmets	\$50.00	\$50.00

Conditions of Hire:

- This allows you to pick up the gear at the start of the season (6/06/15), keep it for the season and use it as "often" as you like for the entire ski season.
- Maintenance is at "no cost" to you, so when they require a tune or waxing, just drop them in and they will be ready to go for your next trip up the mountain.

MART 2015 Daily hire

	Primary	Secondary
Skis, boots & poles	\$25.00	\$28.00
Snowboard, boots & Wrist guards	\$32.00	\$35.00
Helmets	\$6.00	\$6.00

Conditions of Hire:

- Once off sizing at the start of the season and from then on the gear will be ready for pick up when the coach arrives at Porepunkah ski hire.
- You will also need to advise us, the day before each MART ski day that you are skiing or boarding.

Drop in and check out all the latest gear we have on offer for the 2015 season. Helmets from \$65, Pants from \$90, Jackets from \$100, Goggles from \$35.

Gary & Carolyn Manshing

2nd Hand Snow Gear Sale

BRIGHT COMMUNITY CENTRE

REGISTER: Friday 22nd May 3:00pm – 7:00pm

SALE: Saturday 23rd May 9:00am – 12:00pm



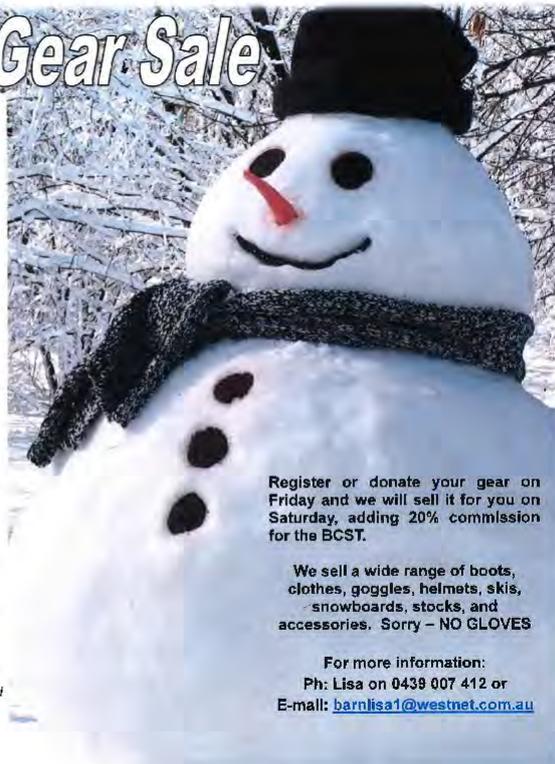
Terms, Conditions and Fees

The 2nd hand snow gear sale is a fundraiser for the Bright College Snowsports Team (BCST)

- The 2nd hand snow gear sale is a **cash only sale**.
- Registration fee of 50 cents per item applies
- A late registration fee of \$2.00 per item applies for goods registered on sale day.
- Items will be placed on sale on behalf of the vendor, by the BCST.
- BCST will add 20% commission to each item entered for sale.
- BCST take no responsibility for items entered into the sale.
- All items must be clean and presentable and we reserve the right to reject items for sale.
- The vendor must retain the registration receipt (s) as proof of ownership of the item to collect money or unsold goods. If proof of registration cannot be provided, all monies and items are forfeited to the BCST.
- If the item (s) is/are sold, the vendor can collect money between **12:00pm – 1:00pm Saturday 23rd May 2015**.
- The vendor **must** collect item/s by **1:00pm Saturday 23rd May 2015**.
- Any money or unsold goods not collected by 1:00pm Saturday 23rd May 2015 will be forfeited and become the property of the BCST.

DISCLAIMER: BCST takes no responsibility for any items sold or purchased at the sale, accepts no returns of goods, recommends that you seek professional assistance to fit and tune any skis that you purchase from the sale

BCST greatly appreciates any items which are donated for sale.



Register or donate your gear on Friday and we will sell it for you on Saturday, adding 20% commission for the BCST.

We sell a wide range of boots, clothes, goggles, helmets, skis, snowboards, stocks, and accessories. Sorry – NO GLOVES

For more information:
Ph: Lisa on 0439 007 412 or
E-mail: barnlisa1@westnet.com.au

PARENTS CLUB

Parents Club have been very busy so far this term. Firstly, thank you to Melissa Reid and Shannyn Vescio who are our new helpers for book club orders. Wood raffle tickets will be coming home in the first week in June, so keep an eye on school bags and ask at the office if you don't get any! A big thank you to all who contributed to the Mother's Day Stall. It was a huge success with lots of happy "shoppers". Huge thanks to Melissa Reid who organized it and got this great event off the ground. Melissa is new to the school and to Myrtleford. Wonderful effort!

Parents Club will be supporting the school garage sale this month in preparation for the demolition of the old High School building. See the flyer below.

We had allocated \$50/student in subsidised events, and this is starting to be spent. The Year 12's have new jumpers, Year 11's recently went to Melbourne and Years 5 and 6 are off to Canberra later in the year. Finally, Parents Club are to purchase fifteen picture frames for Inga Hanover to install at the local hospital or Aged Lodge to hang our students' artwork which will be rotated regularly.

Bernadette Hays

ThemeParks.com.au

Ticket Sale

BRAND NEW TICKET OFFER!



4 PARK PASS

4 parks unlimited entry until 30 June 2015.

ONLINE OFFER ONLY!

\$55

	Adult	Pensioner	Child
 Pleasure Beach	\$25	\$15	\$15
 Adventure World	\$39	\$32	\$32
 SEA WORLD	\$39	\$32	\$32

DISCOUNTED DINNER & SHOW TICKETS

 Pleasure Beach Sunday to Friday	\$80	\$70	\$55
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Supporting Myrtleford P-12 College Parents Club



Thanks for your ongoing support.

Parents Club meet on the first Friday of every month

*Next Meeting
9am
June 5th*

PARENTS' CLUB RAFFLE - STAY WARM THIS WINTER!
TICKETS \$2 EACH or 3 FOR \$5

PRIZE: Load of firewood delivered to Myrtleford area (30km radius) donated by Myrtleford Football Netball Club

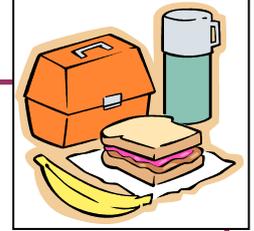
DRAWN: Monday 22nd June 2015

Please return all tickets (sold & unsold) and money by Monday 15th June 2015





Healthy Snacking for your child - Tips for parents



Think about what your child likes to eat at home and try to translate that into a lunchbox option.

- Vegetables are often overlooked in the lunchbox. Try cutting up some carrot sticks or putting in a handful of cherry tomatoes.
- While the humble apple is a great lunchbox filler (sturdy and hard to squash), consider cutting softer fruit up and putting it into a smaller container for protection. Berries and kiwi fruit survive very well this way.
- Dairy can be hard to include, particularly in hot weather. If you can't safely get a yoghurt into the lunch box, make sure you offer dairy when he/she comes home from school.
- Last night's leftovers in a container with a small spoon can make a welcome change to the parade of endless sandwiches.
- Try putting together a small picnic in the lunchbox - slices of tomato, ham, grated carrot, grated cheese and some bread and butter - so your child can build their own sandwich.
- Stick to water in the drink bottle - most juices are full of sugar and make the drink bottle smelly. They also don't do a very good job of quenching thirst.

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